

HEMODYNAMIC MONITORING

HEMODYNAMIC MONITER



Definition

Hemodynamic: 0

is a term to describe intravascular pressure, oxygenation, and blood flow occurring within the cardiovascular system.

Hemodynamic monitoring: o

Using invasive technology to provide quantitative information about vascular capacity, blood volume, pump effectiveness and tissue perfusion.

It is an essential part of critical care nursing.

Indications:

- Continuous, real-time blood pressure monitoring
- Planned pharmacologic or mechanical cardiovascular manipulation
- Repeated blood sampling
- Determination of volume responsiveness from systolic pressure or pulse -pressure variation
- Supplementary diagnostic information from the arterial waveform
- -Failure of indirect arterial blood pressure measurement

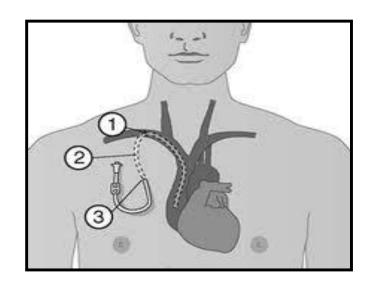
Types of Hemodynamic Monitoring

Noninvasive Hemodynamic Monitoring

- Noninvasive BP
- Heart Rate, pulses
- Mental Status
- Skin Temperature
- -Capillary Refill
- Urine Output
- Pulse Oxymetry

 <u>Invasive Hemodynamic Monitoring</u>
- -CVP,_ARTERIAL LINE, PAC

Central line & Arterial line



Outline:

1- Central line:

- Definition
- Purpose
- COMMON CENTRAL LINE INSERTION SITES
- TYPES OF CENTRAL LINE

a- Central venous pressure:

- What is CVP.
- Used.
- Site of insertion
- Causes of increase & decrease CVP
- Nursing management
- METHODS OF CVP MONITORING
- Measuring central venous pressure
- complications

Cont...

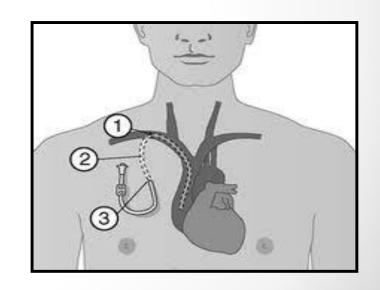
- 2- Arterial line:
- Definition
- Purpose
- THE ARTERIAL WAVEFORM
- b-Arterial Pressure (AP):
 - Arterial line procedure
 - Complication
 - REMOVAL OF ARTERIAL LINE

WHAT IS A CENTRAL LINE:

It is a catheter that provides venous access via the superior vena cava or right atrium.

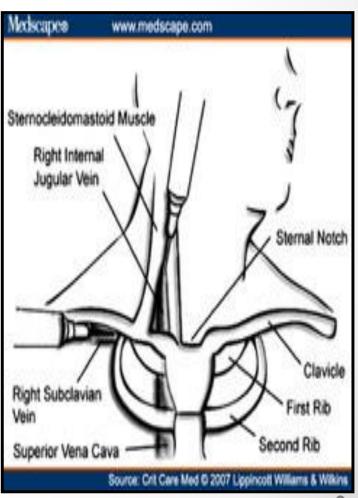
Purpose:

Permits administration of medication & nutritional support that should not be given via a peripheral route or when standard peripheral route cannot be used.

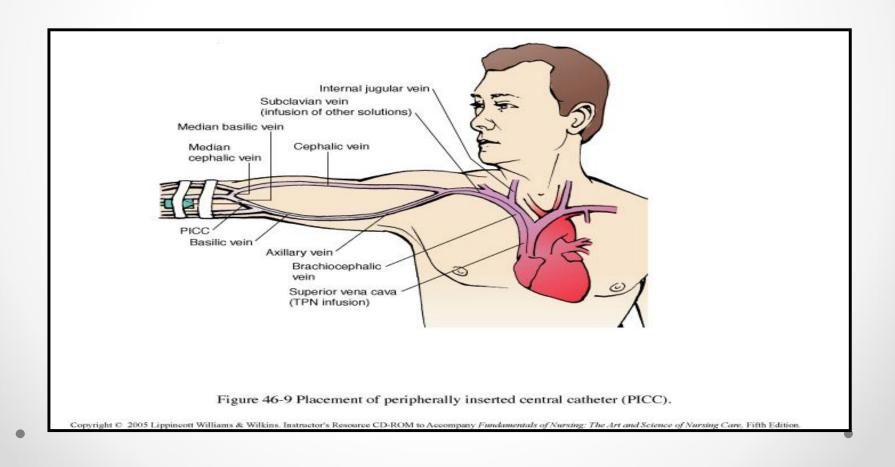


COMMON CENTRAL LINE INSERTION SITES:

- 1- Right internal jugular
- 2- Left internal jugular
- 3- Right subclavian
- 4- Left subclavian
- 5- Femoral



6- Or peripherally inserted central catheters (PICC) which are inserted via the antecubital veins in the arm and is advanced into the central veins

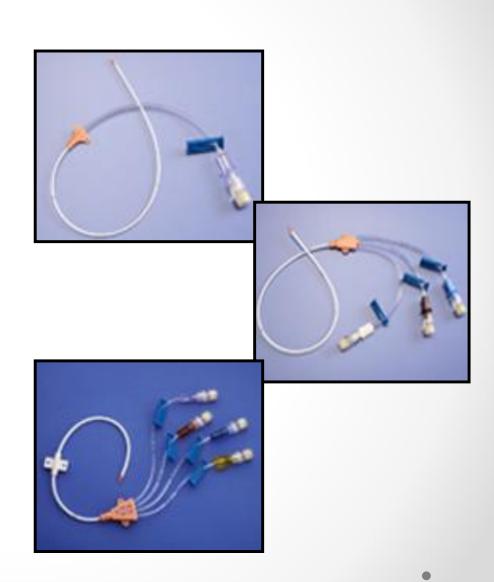


TYPES OF CENTRAL LINE:

1- SINGLE LUMEN

2- TRIPLE LUMEN

3- QUADRUPLE LUMEN



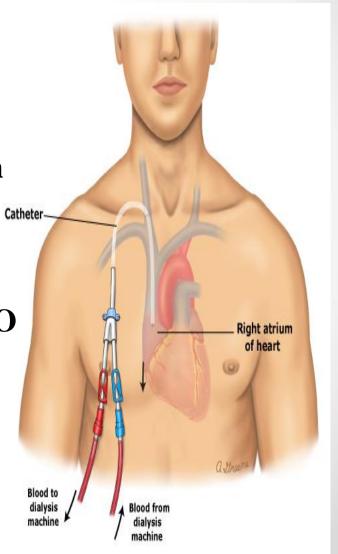
Central venous pressure (CVP)

What is CVP:

IS THE PRESSURE WITHIN THE SUPERIOR VENA CAVA OR THE RIGHT ATRIUM to provide information about the body volume status & right ventricular function.

Normal CVP= 0 - 8 mmHg or 3-8 cm H2O

- If less than 0 mean Hypovolemia
- If more than 8 mean Hypervolemia

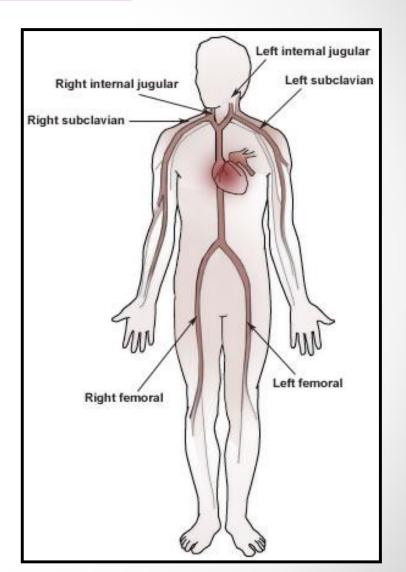


CVP READINGS ARE USED:

- 1- TO SERVE AS A GUIDE TO FLUID BALANCE IN CRITICALLY ILL PATIENTS
- 2- TO ESTIMATE THE CIRCULATING BLOOD VOLUME
- 3- TO ASSIST IN MONITORING CIRCULATORY FAILURE

Site of insertion;

- 1- Subclavian vein (RT/LT)
- 2- Internal jugular vein
- 3- Femoral vein



Causes of increase CVP;

- Hypervolemia
- Right ventricular failure
- Pericarditis
- Cardiac tamponade

Causes of decrease CVP;

- Hypovolemia
- Shock
- Venodilation

Nursing management:

Before the insertion;

1- Prepare for equipment

During the insertion;

- 1- Explain procedure to the pt
- 2- Prepare the site of insertion (cleaning & shaving)
- 3- Assist the doctor during insertion
- 4-Perform continuous assessment of the pt cardiac & respiratory status

After the insertion;

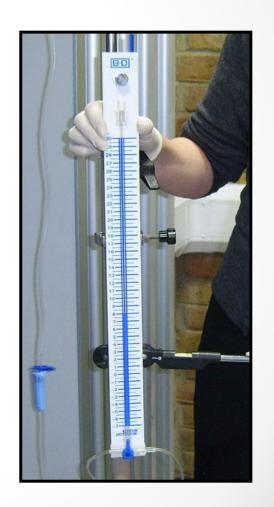
- 1- Begin the IV infusion
- 2- Assess integrity of the skin at the site of insertion
- 3- Cover site of insertion with sterile gauze
- 4- Prepare pt for x-ray
- 5- Measurement CVP

METHODS OF CVP MONITORING:

There are two methods of CVP monitoring

1- Manometer system:

Enables intermittent readings and is less accurate than the transducer system



2- Transducer system:

Enables continuous readings which are displayed on a monitor.



Measuring central venous pressure

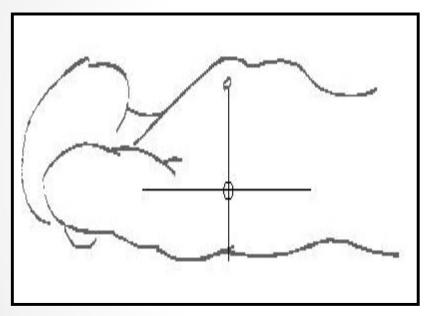
1- The CVC will be attached to intravenous fluid within a pressure bag. Ensure that the pressure bag is inflated up to 300mmHg.



2- Catheters differ between manufacturers, however, the white or proximal lumen is suitable for measuring CVP.

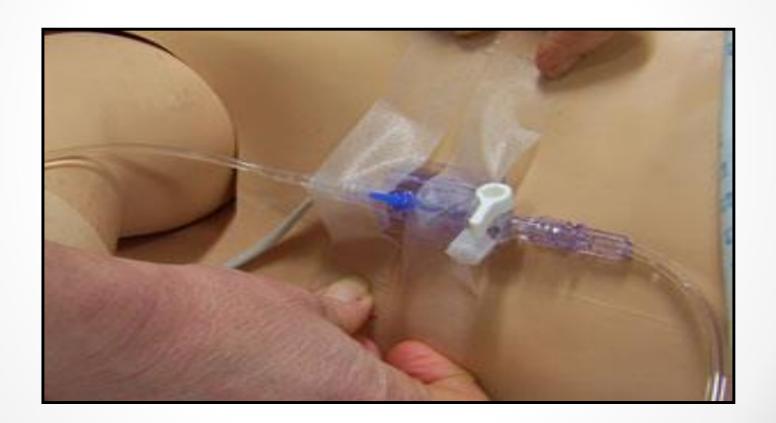


3- Place the patient flat in a supine position if possible.





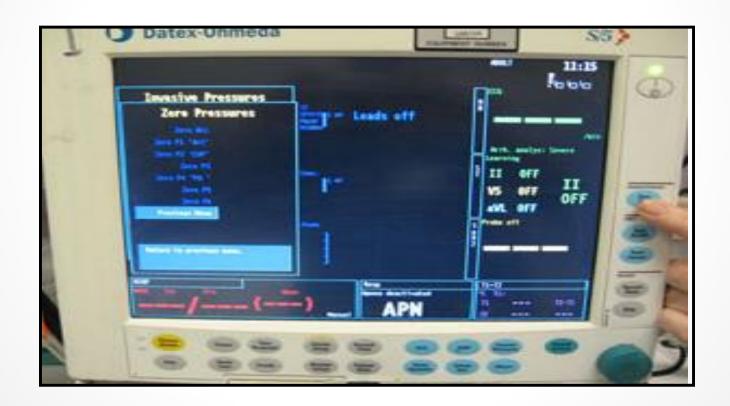
4- Tape the transducer to the phlebostaticaxis or as near to the right atrium as possible.



5- Turn the tap off to the patient and open to the air by removing the cap from the three-way port opening the system to the atmosphere.



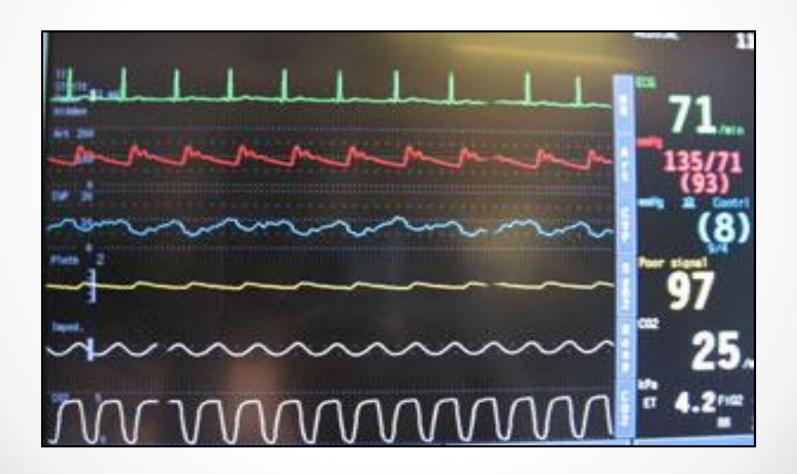
6- Press the zero button on the monitor and wait while calibration occurs .



7- When 'zeroed' is displayed on the monitor, replace the cap on the three-way tap and turn the tap on to the patient.



8- Observe the CVP trace on the monitor.



9- Documentation include:

- a- Date & time of insertion catheter.
- b- Type & location of the catheter, including NO. of the lumens.
- c- Care & maintain procedure performance.
- d- Appearance of insertion site.
- e- Problem noted such as resistance to flushing
- **f** client tolerance to procedure



Complications of CVP:

- 1- Hemorrhage
- 2- Catheter occlusion
- 3- Infection
- 4- Air embolism
- **5-** Catheter displacement
- 6- Cardiac arrhythmias
- 7- Pneumothorax
- 8- Hemothorax
- 9- Hemo-pneumothorax

WHAT IS AN ARTERIAL LINE?

AN ARTERIAL LINE IS A CANNULA USUALLY POSITIONED IN A PERIPHERAL ARTERY

SUCH AS

- Radial artery
- Brachial artery
- Dorsalis pedis artery
- Femoral artery

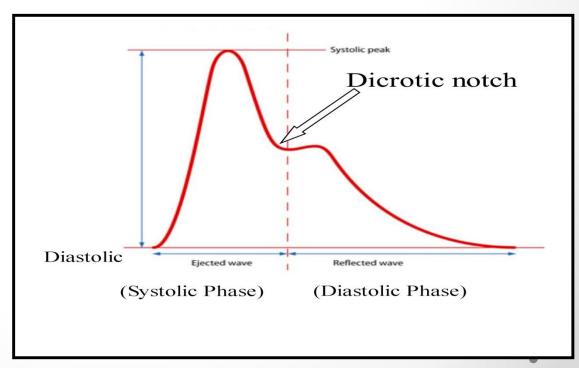
Purpose:

- 1- Facilitate monitoring of hemodynamic status by providing information about ABP readings.
- 2- Obtain hemodynamic data necessary for regulating vasoactive medication & fluid administration.

THE ARTERIAL WAVEFORM

The arterial waveform reflects the pressure generated in the arteries following ventricular contraction and can be described as having:-

- Anacrotic notch
- Peak systolic pressure
- Dicrotic notch
- Diastolic pressure



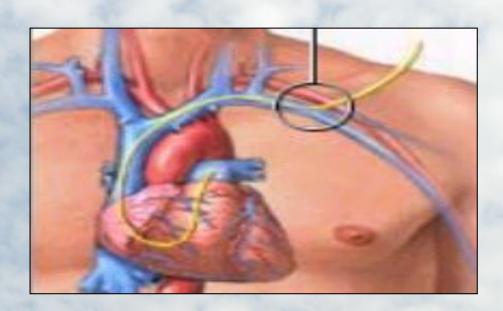
Arterial Pressure (AP):

The pressure of the circulating blood on the arteries

COMPLICATIONS:

- 1- HYPOVOLAEMIA
- 2- ACCIDENTAL INTR-ARTERIAL INJECTION OF DRUGS
- 3- LOCAL DAMAGE TO ARTERY

Pulmonary artery catheter

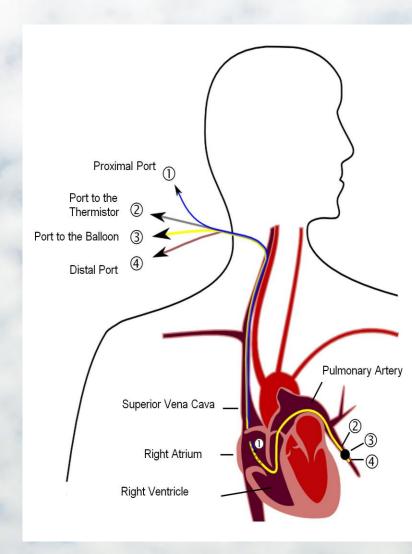


Outline:

- 1- Definition.
- 2- Purpose.
- 3- Indication.
- 4- Contraindication.
- 5- Insertion site.
- 6- Lumen type.
- 7- Assessment.
- **8-** Equipment
- 9- procedure
- 10- Normal values of commonly measured parameters.
- 11- Complication.

Pulmonary artery catheter

- Pulmonary artery catheter (PAC) is also know as Swan Ganz catheterization.
- A light flexible balloon-tipped tube that is introduced into the pulmonary artery (the artery from the right ventricle of the heart to the lungs.)



Purpose:

- 1- Facilitate monitoring of hemodynamic status, providing information a bout right & left side intracardiac pressure, cardiac output, mixed oxygen saturation.
- 2- Obtain hemodynamic data necessary for regulating vasoactive medication and fluid administration



Indication:

- 1- Assessment and management of shock states.
- 2- Assessment of pulmonary edema (cardiogenic vs ARDS).
- 3- Optimization of cardiac index in cardiogenic shock.
- 4- Evaluation and drug titration for severe pulmonary hypertension .
- 5- Diagnostic evaluation of left-to-right cardiac shunts.
- 6- May aid to optimize peri-operative clinical status in high-risk surgical candidates

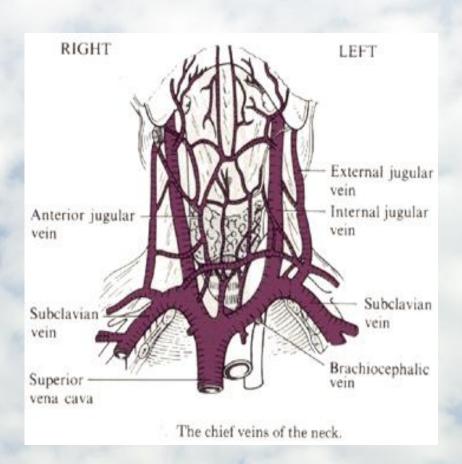
Contraindication:

- 1- Uncontrolled ventricular or atrial dysrhythmias.
- 2- Right ventricular mural thrombus.
- 3- Cardiac arrest.
- 4- Respiratory arrest.
- 5- Cyanotic congenital heart disease.
- 6- Ventricular masses or other structural abnormalities

Insertion site:

Catheterization of the right side of the heart and pulmonary artery via;

- 1- Right internal jugular vein
- 2- Subclavian vein



Type of lumen:

PAC has 4-5 lumens:

- 1- Temperature thermistor located proximal to balloon to measure pulmonary artery blood temperature
- 2- Proximal port located 30 cm from tip for CVP monitoring, fluid and drug administration
- 3- Distal port at catheter tip for PAP monitoring
- 4- +/- Variable infusion port (VIP) for fluid and drug administration
- 5- Balloon at catheter tip





Normal values of commonly measured parameters are as follows:

- Pulmonary artery systolic pressure: 20-30mmHg
- Pulmonary artery mean pressure: 9-17mmHg
- Pulmonary artery diastolic pressure: 5-15mmHg
- Pulmonary capillary wedge pressure: 8-12mmHg
- Right atrial pressure: 2-6mmHg
- Cardiac index: 2.5-4 L/min/m2
- Cardiac output (CO) L/min

Complication:

- 1- Accidental puncture of adjacent arteries
- 2- Bleeding
- 3- Neuropathy
- 4- Air embolism
- 5- Pneumothorax
- 6- Dysrhythmias
 - a- Premature ventricular and atrial contractions
 - b- Ventricular tachycardia or fibrillation

CONT....

- 7- Thromboembolism
- 8- Mechanical, catheter knots
- 9- Pulmonary Infarction
- 10- Infection, Endocarditis
- 11- Endocardial damage, cardiac valve injury
- 12- Pulmonary Artery Rupture



References

- Cole E (2007) Measuring central venous pressure. *Nursing Standard*. 22 (7) 40-42
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- Jevon P, Ewens B (Eds)(2007) *Monitoring the Critically Ill Patient*. Second edition. Blackwell Science, Oxford.