

Class 1:

Blood Physiology

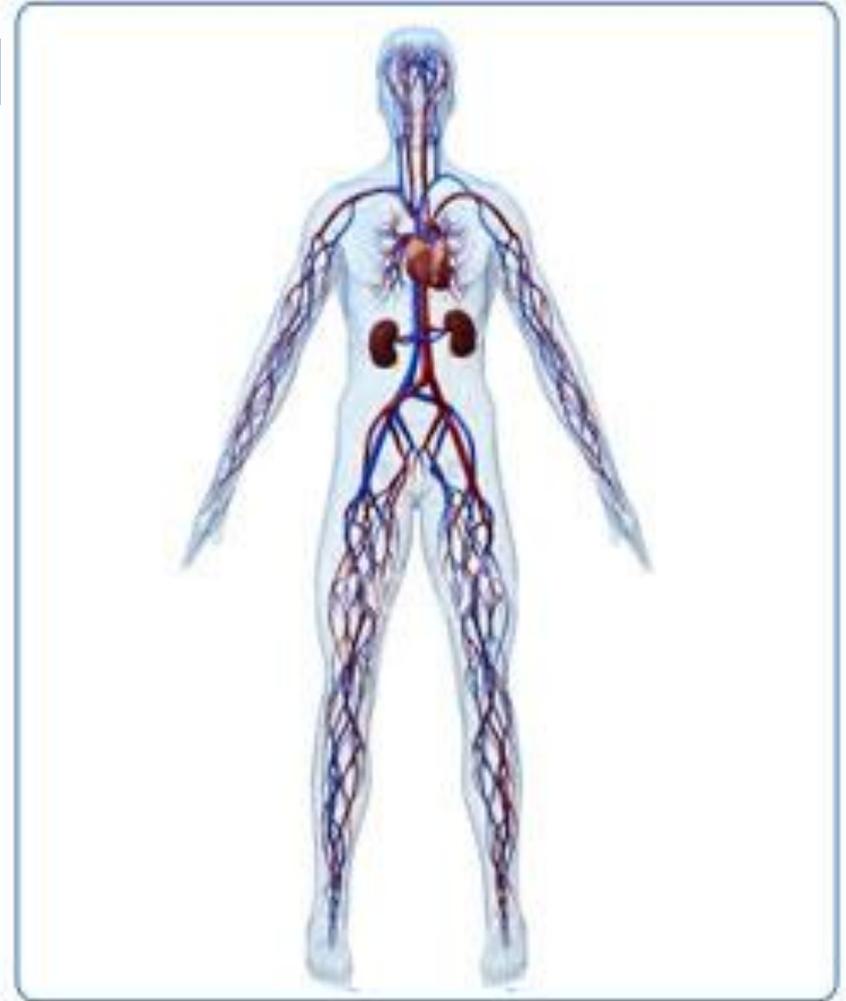
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Objectives for this lecture

- Discuss the physical properties, function of blood.
- Identify the different types of the blood components.

Cardiovascular System

- circulating transport system:
 - a pump (*heart*)
 - a conducting system (*blood vessels*)
 - a fluid medium (*blood*)



Function of blood

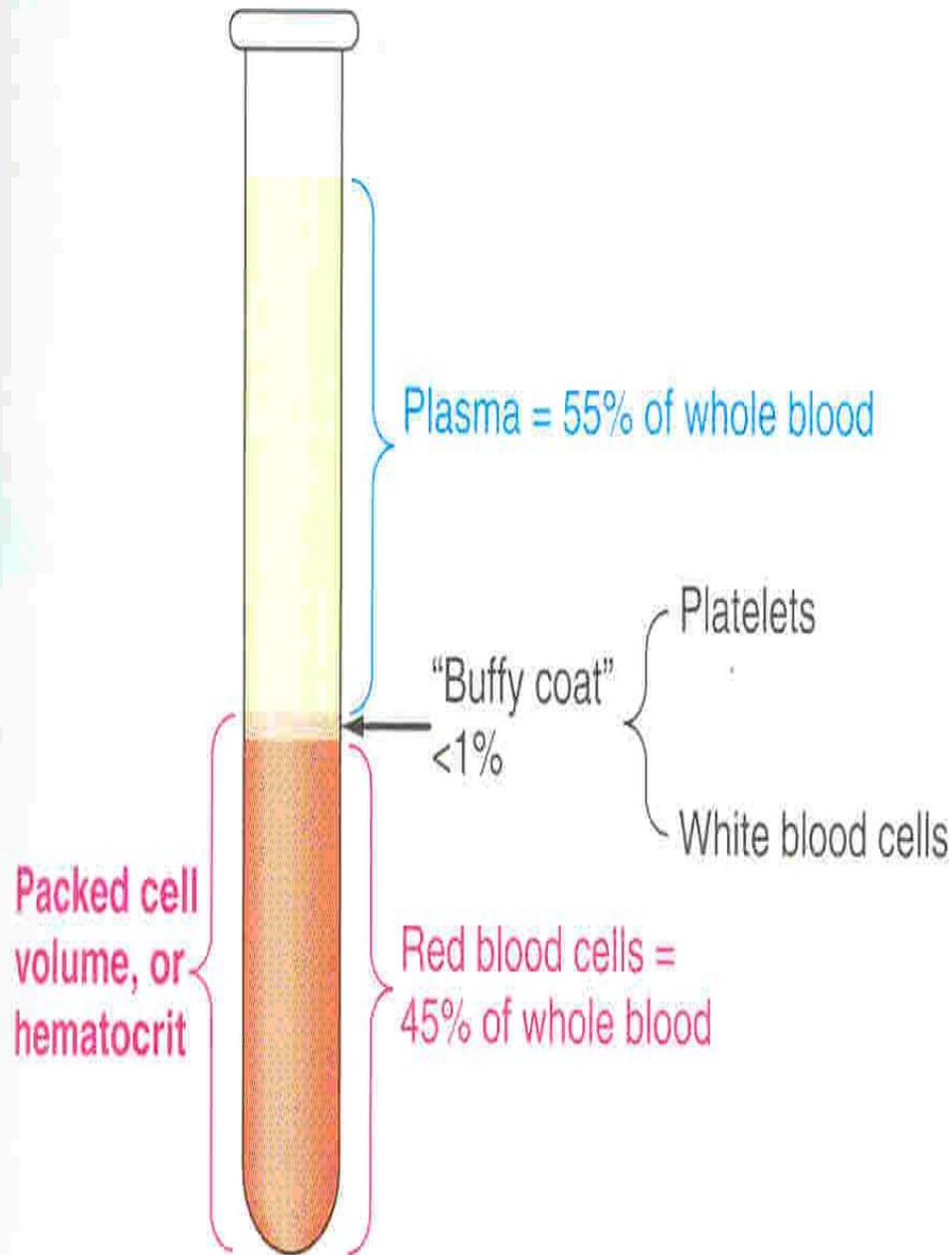
- Transport of gases (O_2 & CO_2)
- Transport of nutrients
- Transport of metabolic waste to kidney, lung, skin, intestine
- Transporting hormones

Function of blood..... Cont.

- Stopping bleeding from vessel injury by coagulation
- Defense of the body against infection
- Acid-base balance in the body
- Stabilization of body temperature

General Characteristics of Blood

- 38°C (100.4°F) is normal temperature
- High viscosity
- Slightly alkaline pH (7.35–7.45)



Blood Volume

- ✓ Blood makes up 6–8% of our total body weight.
- ✓ Normal adult volume is 5 L.
- ✓ Contains cells suspended in liquid called **plasma**.

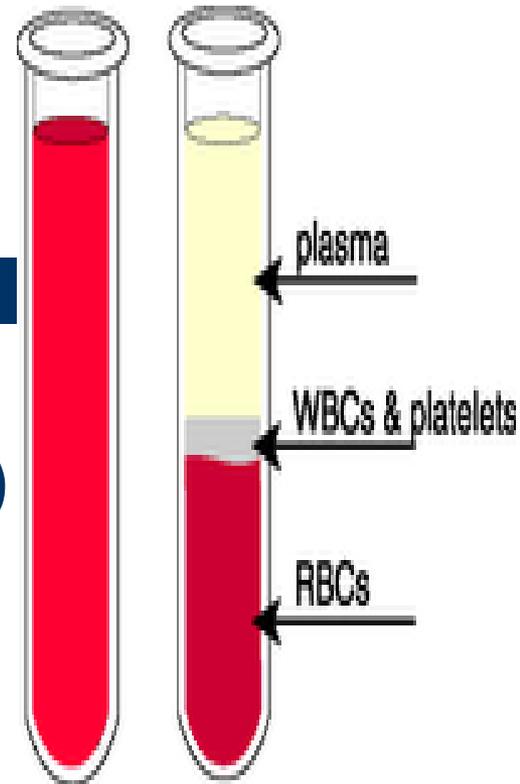
BLOOD COMPOSITION

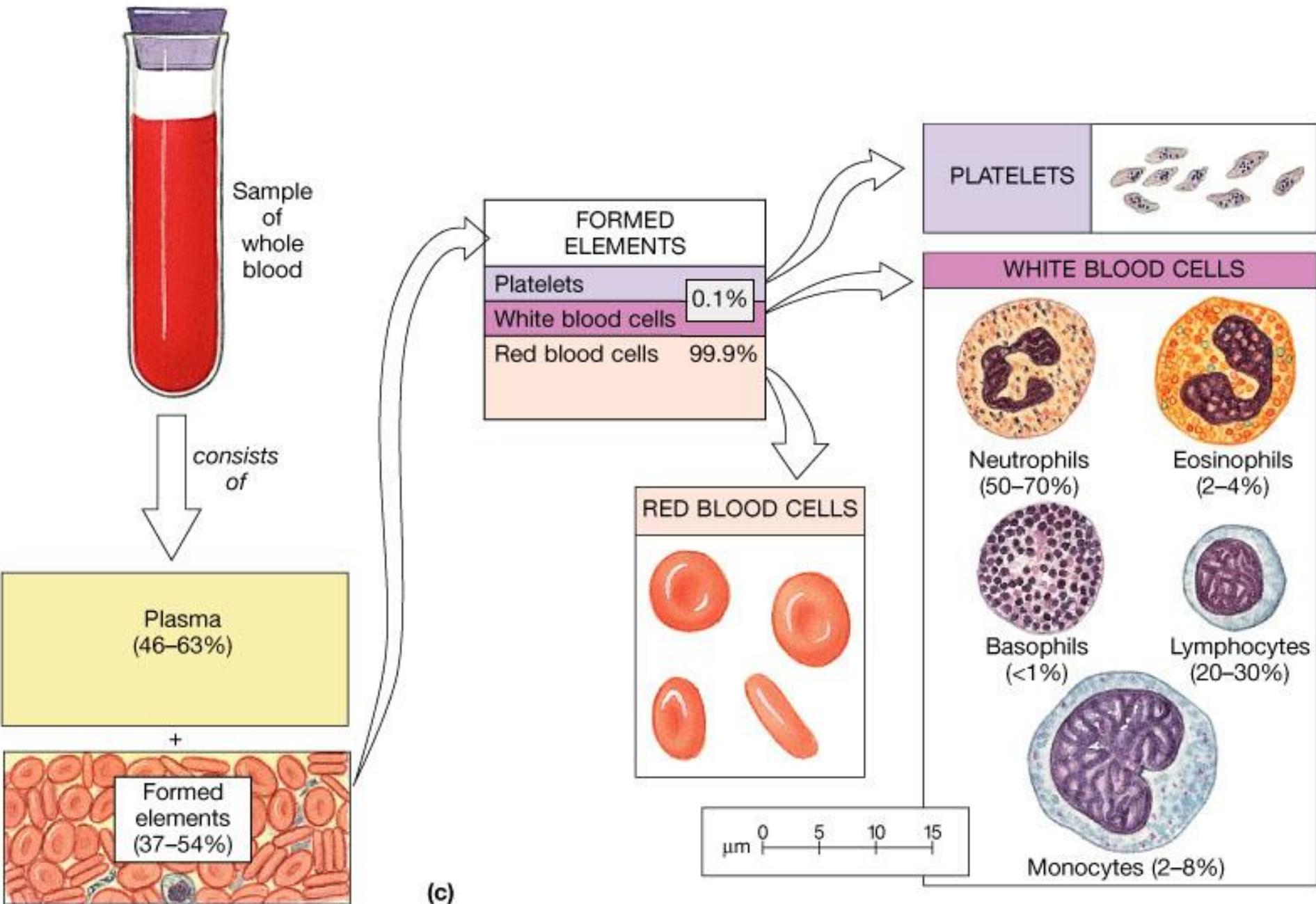
1. *Cellular components*

- ✓ Red Blood Cells (**Erythrocytes**)
- ✓ White Blood Cells (**Leucocytes**)
- ✓ Platelets (**Thrombocytes**)

2. *Plasma*

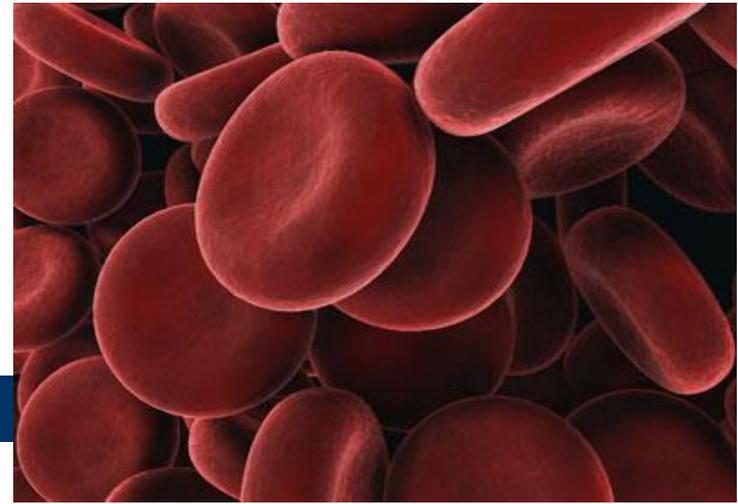
- ✓ 98% water, electrolytes, plasma proteins (*Albumin, globulin, Fibrinogen*)
- ✓ Same ionic composition as interstitial fluid





(c)

Red Blood Cells



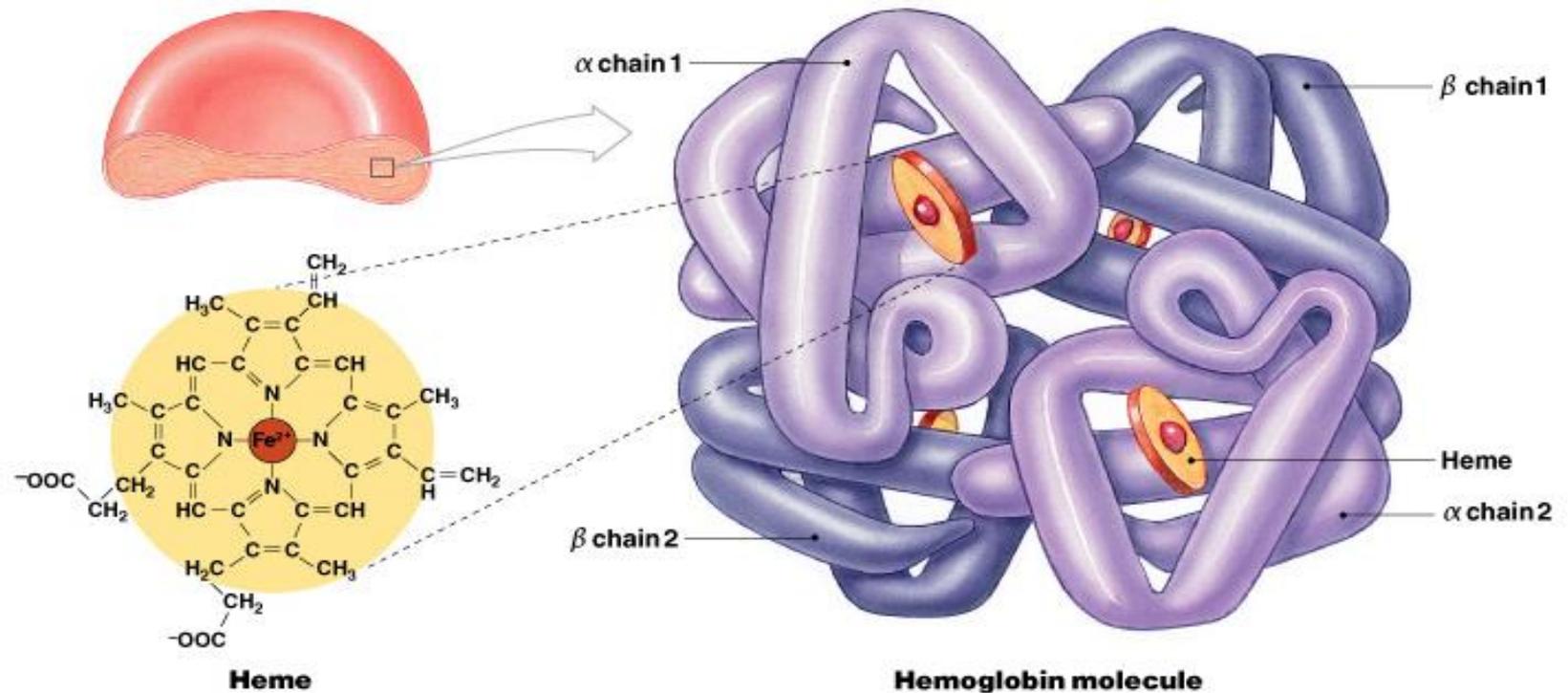
- Erythrocytes or RBCs.
- Most abundant cell in the blood
(4 million – 6 million per microliter of blood).
- Formed in the **bone marrow**.
- **Life span** of about 120 days.
- Mature forms **do NOT have** a nucleus, mitochondria, and ribosomes.

Red Blood Cells

- **Hemoglobin** (iron protein) is found in the RBC.
- Hemoglobin **carries oxygen** from the lungs to the rest of the body and **carbon dioxide** binds to the RBC and is taken to the lungs to be exhaled.
- Hemoglobin made of 4 globular protein:
 - each with 1 molecule of *heme*
 - each heme contains 1 *iron ion*

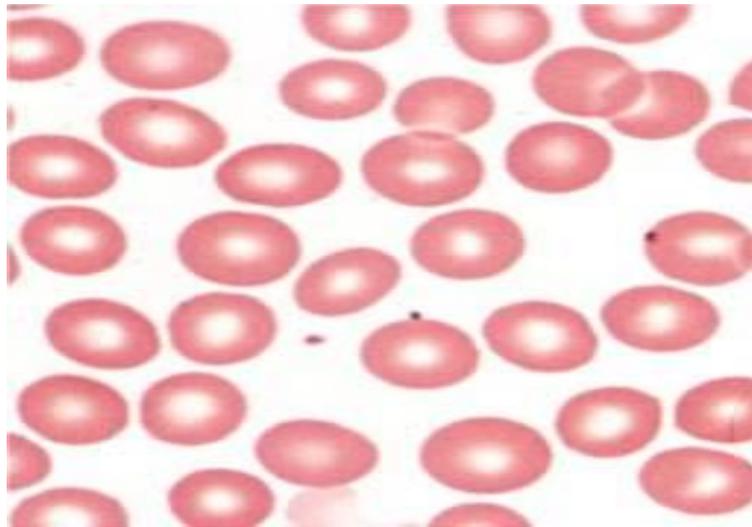
Red Blood Cells

- Hemoglobin complex quaternary structure



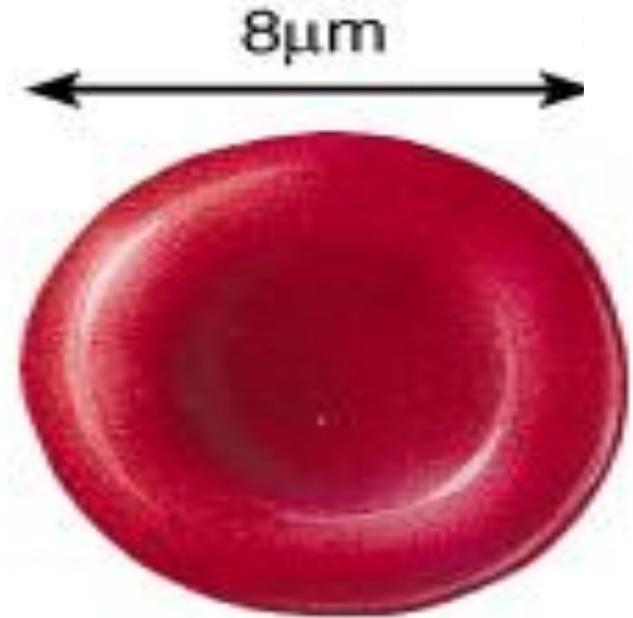
Red Blood Cells

- Hemoglobin Iron ions easily:
 - associate with oxygen (*oxyhemoglobin*)
 - or dissociate from oxygen (*deoxyhemoglobin*)

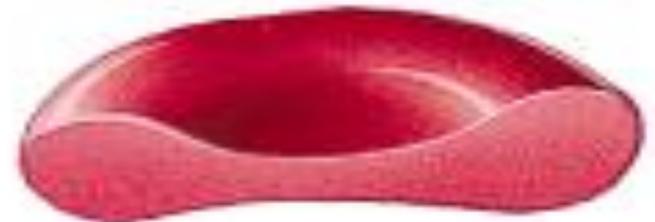


Red Blood Cells

- Thin in middle and thicker at edge.
- Discs bend and flex entering small capillaries
 - *7.8 μm RBC passes through 4 μm capillary*



Surface view

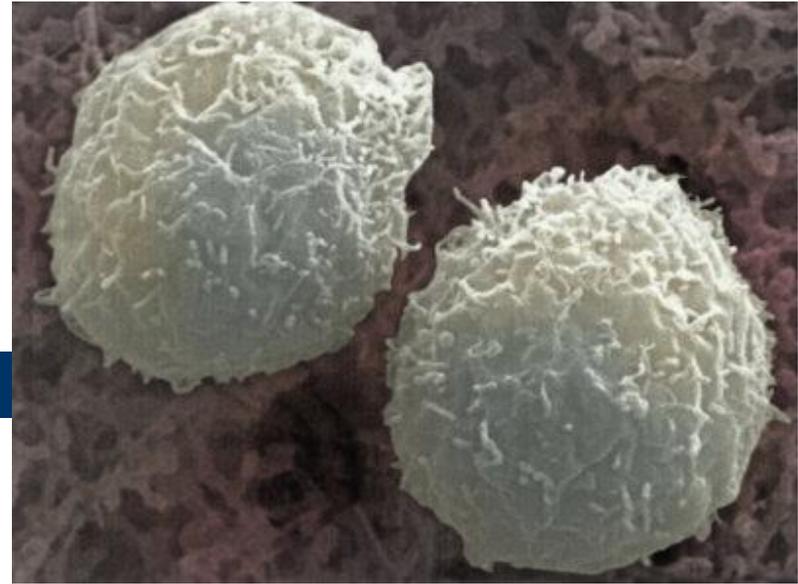


Sectioned view

White Blood Cells

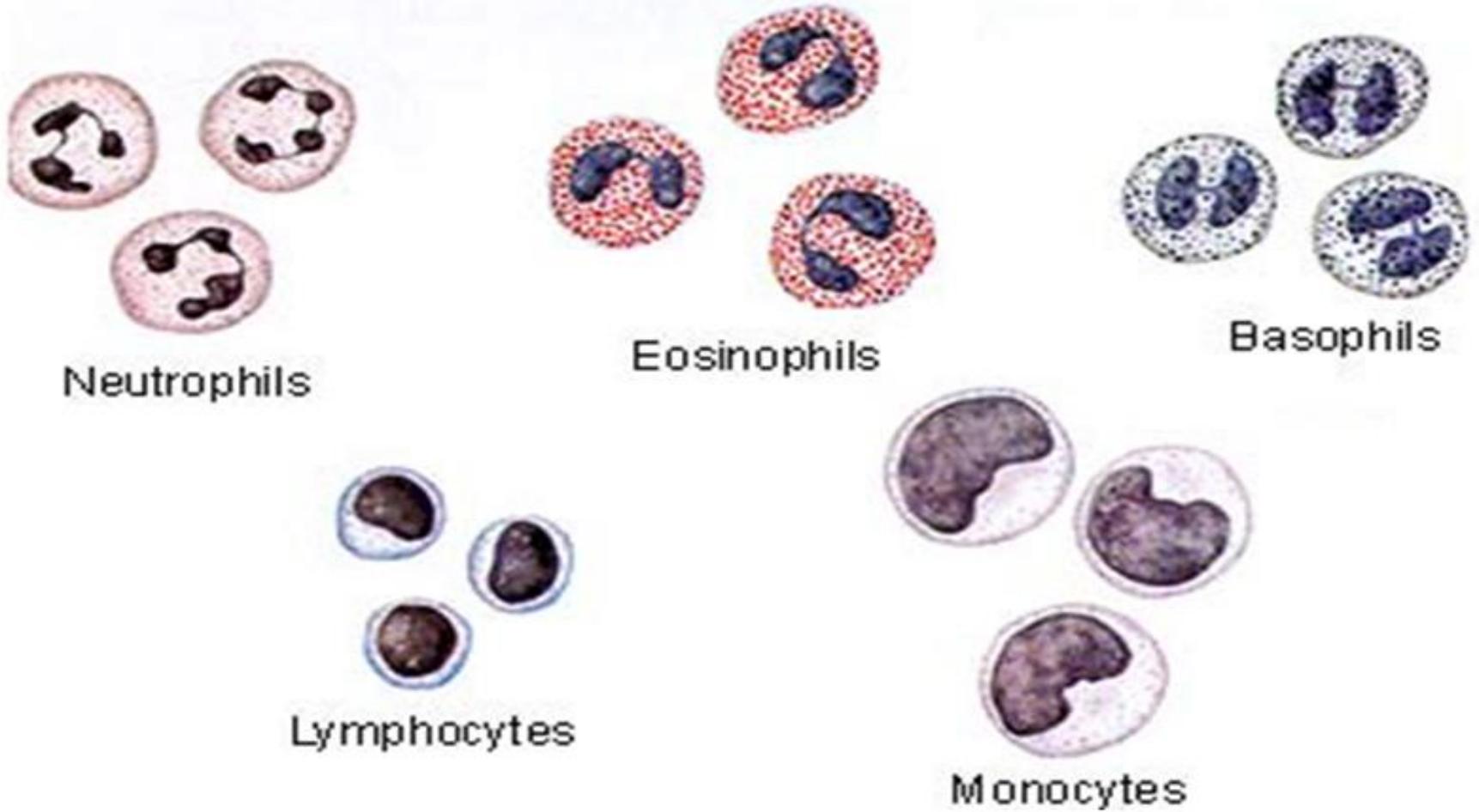
- Leukocytes or WBCs
- Largest sized blood cells
- Lowest numbers in the blood
(4,500 – 11,000 per microliter of blood)
- Formed in **bone marrow** and some in **lymph glands**
- **Life span** is from 24 hours to several years
- Primary cells of the **immune system**
- Certain WBCs produce antibodies

White Blood Cells



- Most WBCs in:
 - connective tissue proper
 - lymphatic system organs
- Small numbers in blood.
- Migrate out of bloodstream
- Have amoeboid movement
- Some are phagocytic:
 - neutrophils, eosinophils, and monocytes
- Nuclei shape depends on type of cell (*5 types*).

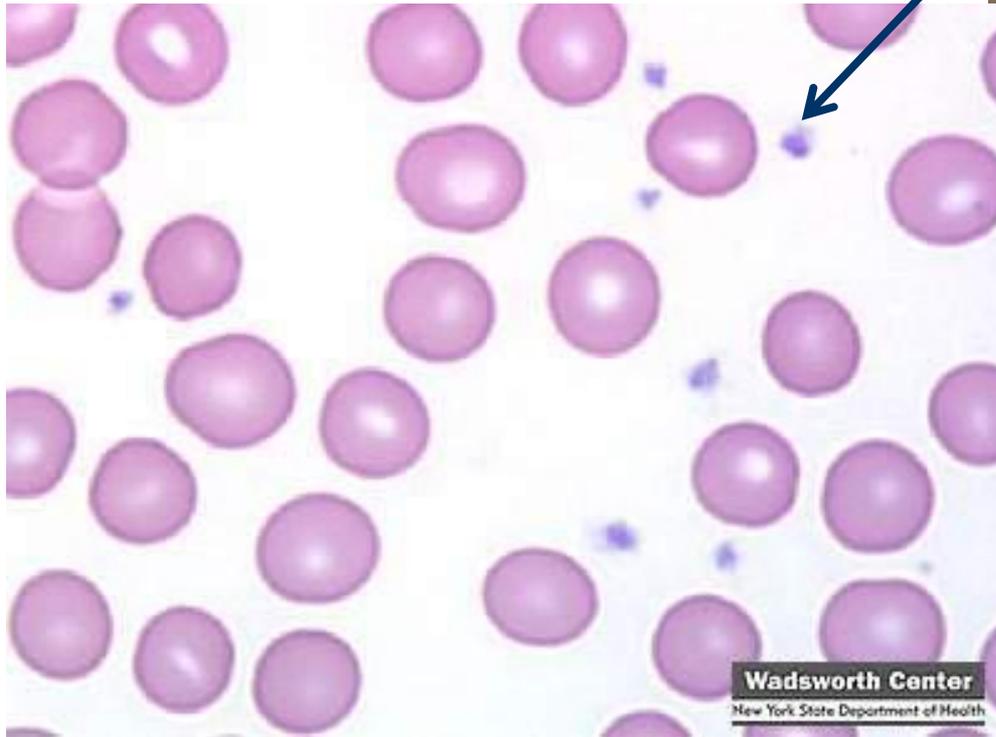
White Blood Cells



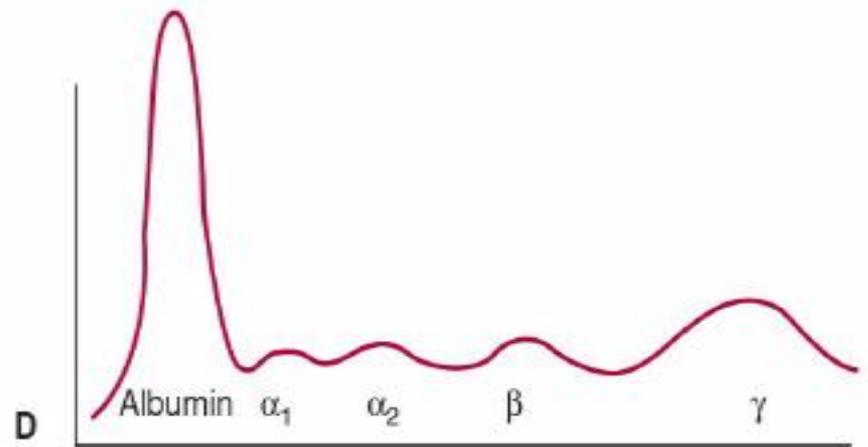
Platelets

- Thrombocytes or PLTs
- Smallest of the blood cells
(150,000 – 400,000 per microliter of blood)
- Formed in the **bone marrow**
- **Life span** of around 8-12 days
- Involved in the **clotting process** (haemostasis)
- Shape can be round, oval, or appear spiky

Platelets



Blood PLASMA



- three groups, *fibrinogen*, *albumin*, and *globulins*, on the basis solubility.
- rich in disulfide bonds.
- contain bound : - carbohydrate (*glycoproteins*)
- or lipid (*lipoproteins*).
- Synthesized in: - 70% in Liver (Albu. 12 g/day),
- vascular endothelium,
- lymphocytes.

Blood PLASMA..... cont.

- **half-lives** in healthy adults: - albumin 20 days
- haptoglobin 5 days.
- **albumin transport:** fatty acids, Ca^{++} , certain steroid hormones, bilirubin, Cu, tryptophan, and a variety of drugs.
- **ferroportin** plays role in *iron* absorption by the intestine and iron secretion from macrophages.
- Plasma proteins play a role in the body's response to *inflammation*.

References

- Victor A Hoffbrand, Paul Moss, J Pettit; Essential Haematology (Essentials Series Blackwell Science, New York; 2008.